

## **EQUIVALENCY CERTIFICATE PROGRAM**

The Equivalency Certificate Program enables high school and post-secondary teachers to instruct their students in Athletic Injury Management, Sport Taping & Strapping and Sport Nutrition Level 1. Upon successful completion of the program students are eligible for their equivalency certificates, which are valid for three years.

In Alberta high schools there are four Recreation Leadership; Career and Technology Study (CTS) courses, which complete the requirements for the Athletic Injury Management and Sport Taping & Strapping and Sport Nutrition Level 1 equivalency certificates.

These courses include at the Introductory Level: Injury Management 1, Technical Foundations for Injury Management and at the Intermediate Level Injury Management 2 and Nutrition for Recreational Activities and Sport. A standard first aid and CPR/AED course is also recommended.

The SMCA also offers equivalency certificates to students at post-secondary institutions across the province; typically within the physical education or kinesiology department there is a university or college level sport medicine course. We offer these students the opportunity to apply for and receive their Athletic Injury Management and Sport Taping & Strapping equivalency certificates to include on their resume.

SMCA's Equivalency Certificate Program works as follows:

- Teachers submit the names of all the students who passed their courses for equivalency, using a class roster and then we invoice the school for the total number of students who have applied.
- Or teachers leave it up to the students to apply for equivalency themselves after the program is finished. Each student mails in their signed application form with a cheque.

In regards to teaching the equivalency certificate program, the SMCA requires the following:

- The school becomes a member of the SMCA. The teacher can then access the DVDs, textbooks and joint models in our Resource Library free of charge, and take advantage of SMCA member discounts on manuals and medical supplies.
- Each teacher takes the SMCA Athletic Injury Management, Sport Taping & Strapping or Sport Nutrition Level 1 course prior to teaching their students. This enables the teacher to familiarize him/herself with the material and practice some of the techniques that they will need to teach to their students.