



Sport Trainer Course

- The Sport Trainer Course is the combination of the Athletic Injury Management Course and the Sport Taping & Strapping Course
- Cost: \$215.00 per participant
- All supplies and workbooks will be supplied
- Upon completion of the course the participant will receive a Certificate of Achievement for Athletic Injury Management and Sport Taping & Strapping
- Included in the cost of the course each participant will receive a membership to the Sport Medicine Council of Alberta. This will allow them to purchase any sport medicine supplies with a 20% discount for the next year

AIM Table of Contents:

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| 1. Preface |
| 2. The AIM Specialist |
| 3. Before the First Whistle |
| 4. Understanding Athletic Injuries |
| 5. When an Injury Occurs |
| 6. Specific Athletic Injuries & Their Management |
| 7. Taping Techniques |

T&S Table of Contents:

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| 1. Introduction |
| 2. Shoulder |
| 3. Elbow |
| 4. Wrist |
| 5. Hand |
| 6. Hip & Thigh |
| 7. Knee |
| 8. Ankle |
| 9. Foot |